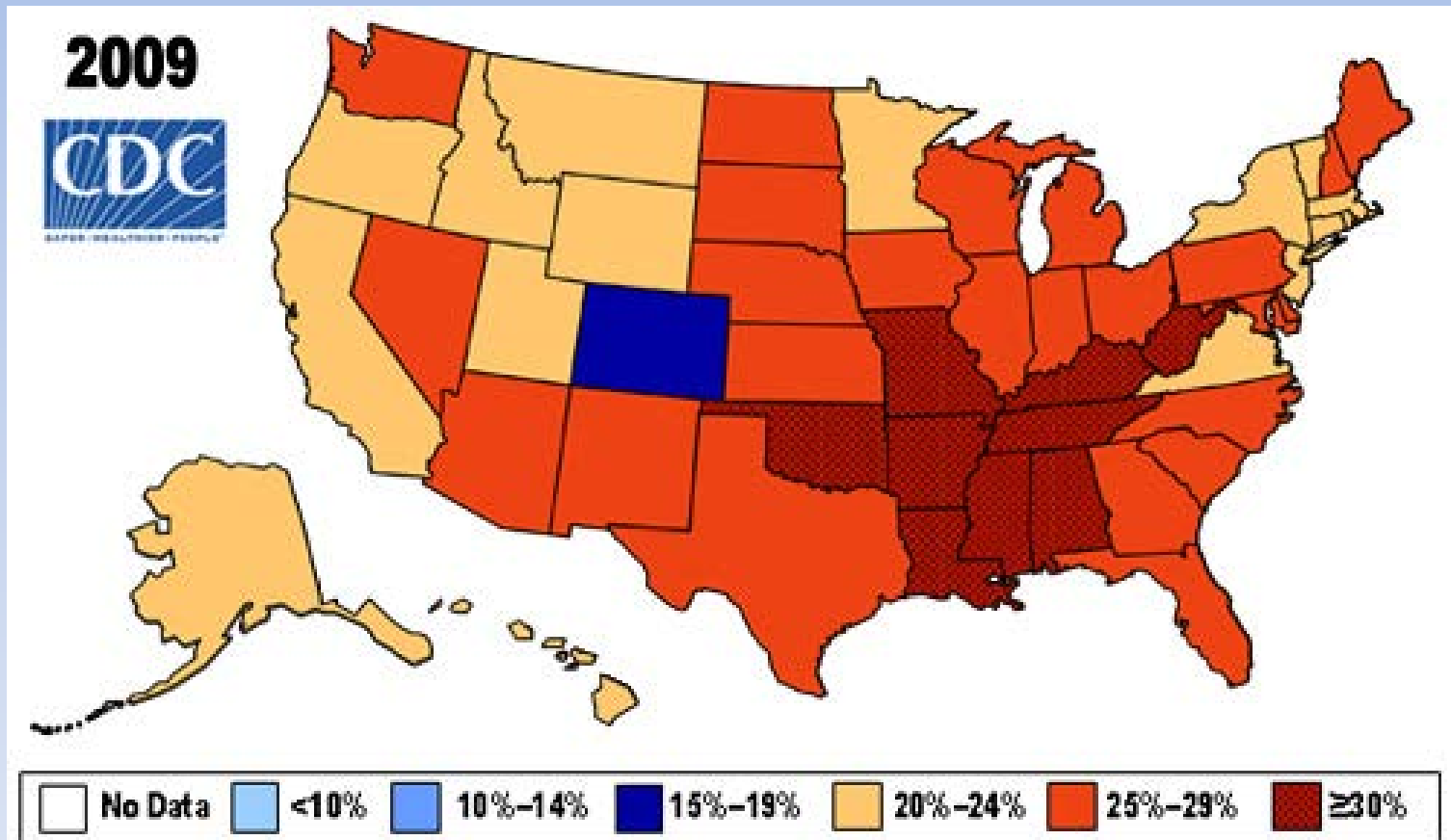





# Using Health as a Strategy for Competitive Advantage

Hank Cardello  
Hudson Institute  
March 2, 2011

# Obesity Now a Serious Problem





OVERWEIGHT  
AMERICAN KIDS  
THREATEN U.S.  
NATIONAL  
SECURITY  
-REPORT

IRANIAN PRESIDENT  
AHMADINEJAD

...LAUNCH THE  
CHEESEBURGERS...

MATT  
HANDELMAN  
Newsday

# A Losing Battle Despite Significant Effort

## ❖ Nothing has worked to reverse obesity rates

- ❑ Consumers haven't changed
- ❑ Regulations are ineffective



**Nutrition Facts**  
Serving Size 1/4 cup (40g)  
Servings Per Container about 28

Amount Per Serving	
<b>Calories</b>	160
Calories from Fat	50
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 1.5g	<b>7%</b>
Trans Fat 1.5g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 490mg	<b>20%</b>
<b>Potassium</b> 40mg	<b>1%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 1g	
<b>Protein</b> 3g	
Calcium 4%	Iron 8%
Thiamin 10%	Riboflavin 8%
Niacin 8%	Folic Acid 10%

\*Percent Daily Values are based on a diet of other people's misdeeds.  
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Not a significant source of vitamin A and vitamin C.  
\*Percent Daily Values are based on a diet of other people's misdeeds.  
†Percent Daily Values are based on a diet of other people's misdeeds.

Calories	
Less than 65g	80g
Less than 20g	25g
Less than 300mg	300mg
Less than 2,400mg	2,400mg
Less than 3,000mg	3,000mg
Less than 300g	375g
Less than 25g	30g

DISTRIBUTED BY General Mills Sales, Inc.  
GENERAL OFFICES, MINNEAPOLIS, MN 55440 USA  
© 2005 General Mills

Exchanges: 1½ Starch, 1 Fat  
Carbohydrate Choices: 1½

F 3204204105 SSS 3782072165



**HUDSON  
INSTITUTE**

50th ANNIVERSARY 1961–2011



## Obesity Solutions Initiative

### ❖ Developing free-market solutions to the obesity crisis

- Best Practices
- Metric Motivators
- Performance tracking

# Addressing Problem Presents a Huge Opportunity for the Corporate Sector





## Why Would Food Corporations Change?



**“It’s just good business”**

- Steve Sanger, former CEO





# Why Change?

1. Improved performance metrics





## ❖ Company has revamped entire portfolio to focus entirely on healthier products

❑ 1994-2004

- Stripped out all non-food, plus beer and confectionary businesses

❑ 2007

- Sold Biscuit division to Kraft
- Purchased Royal Numico





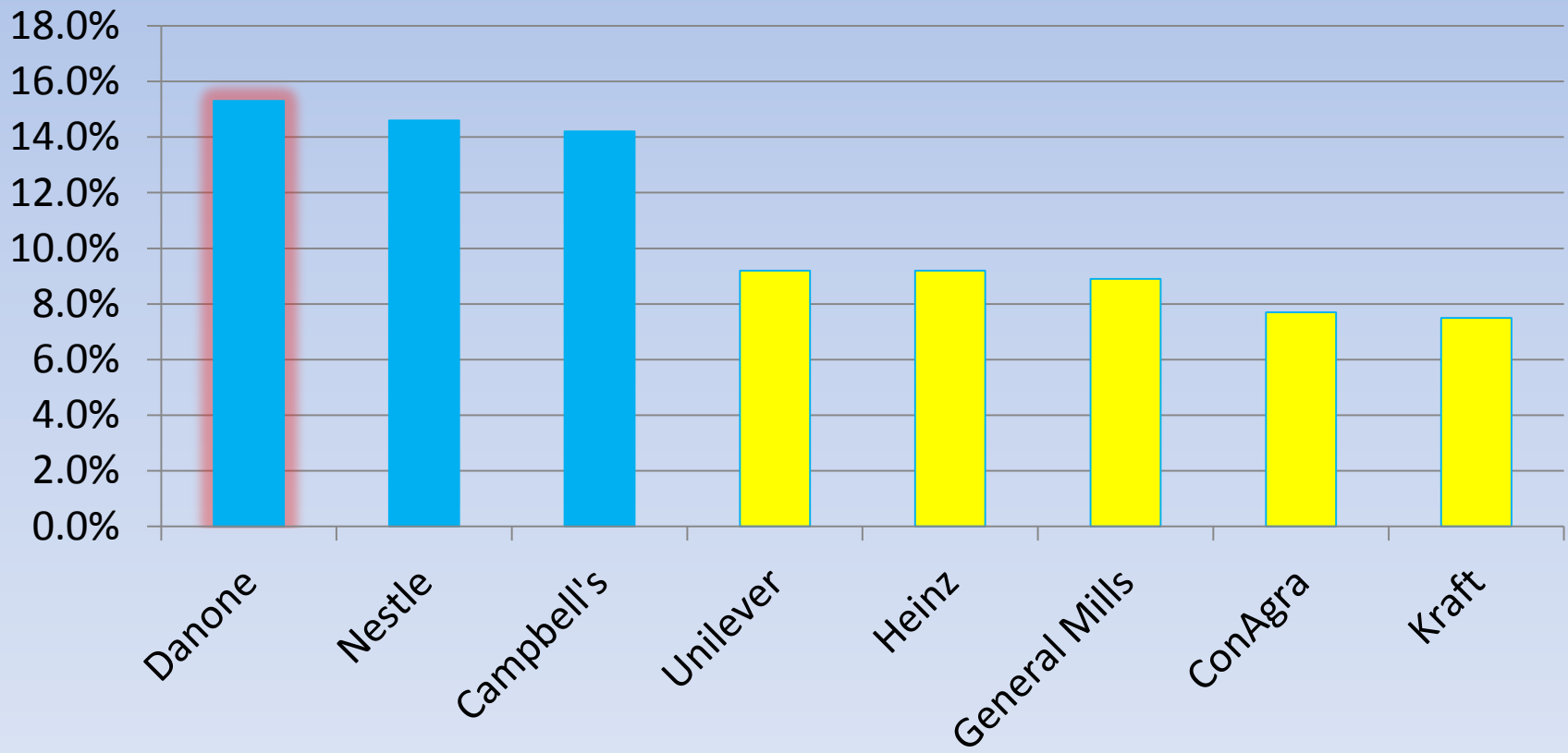
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# Portfolio Profile



# “Healthier” Companies Performing Better

(Earnings as % of Net Sales)



Source: Hudson Institute analysis

# Why Change?

1. Improved performance metrics: profits, sales, market share and/or reputation



2. **Retention of consumer loyalty**

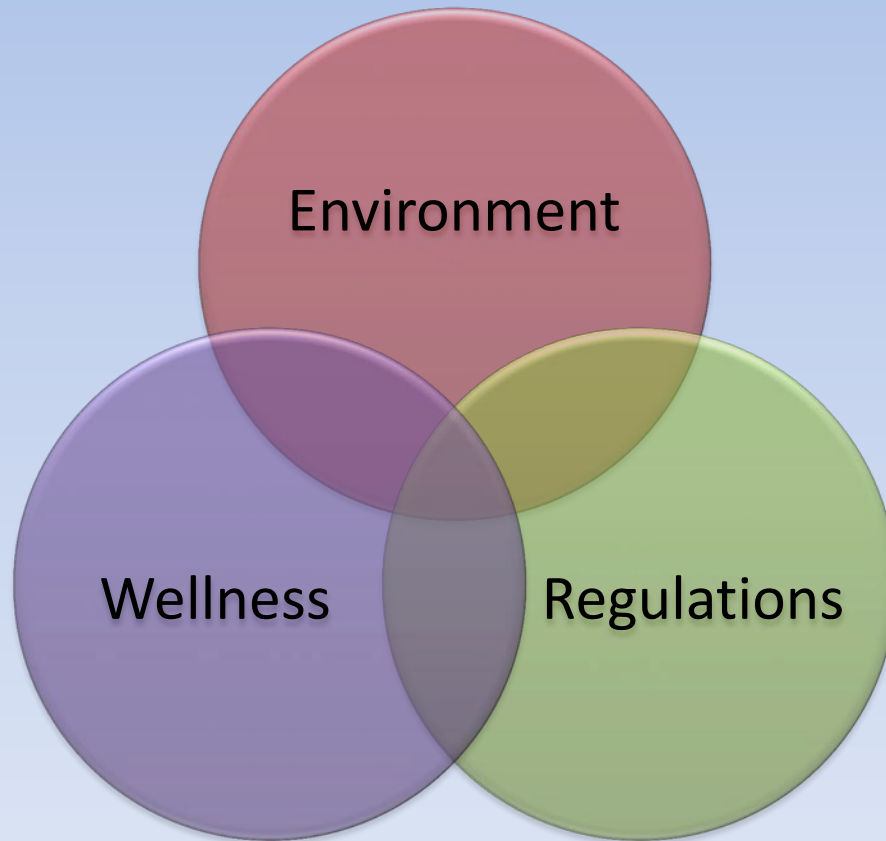


# Emergence of New Consumer Demanding Responsibility

- ❖ 86 million/38% of adults comprising:
  - ❑ Millennials
  - ❑ Healthy lifestyle Baby Boomers
  - ❑ Women/Children

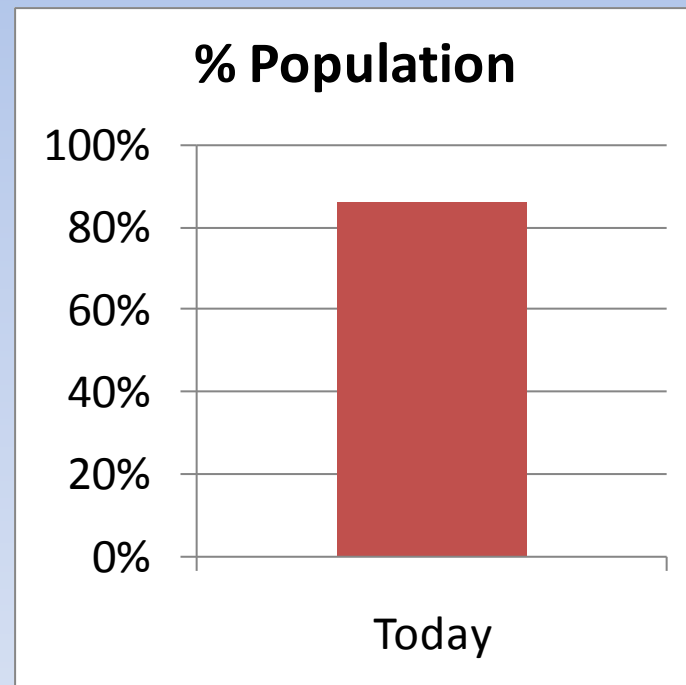


# Emergence of New Consumer Demanding Responsibility



# Purchases Used to Influence Corporations

**“I consider my purchases to be a way to send a message and influence companies’ business practices for the better”**



Source:

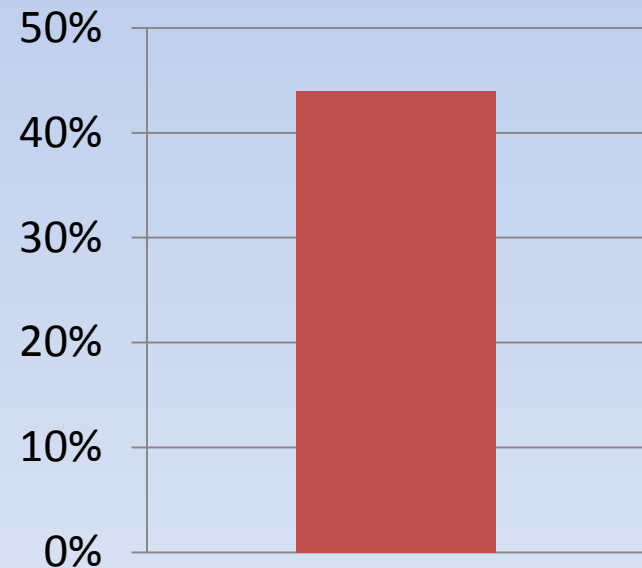




# Willingness to Switch Brands

**“I switched brands at least once last year because the company I purchased from did not act responsibly in my opinion.”**

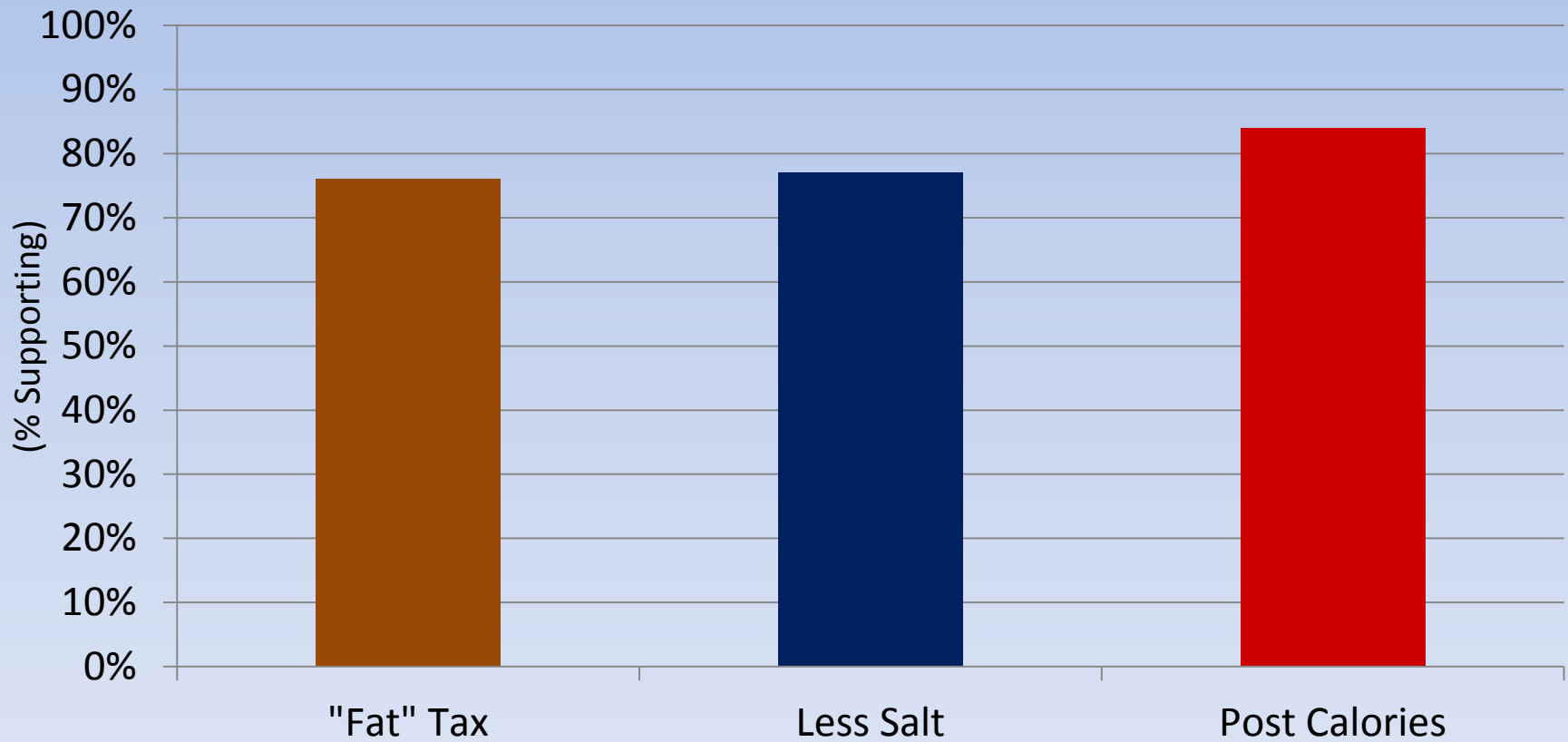
## % Population



Source:



# Support for Regulations



# Why Change?

1. Improved performance metrics: profits, sales, market share and/or reputation



2. Retention of consumer loyalty



**3. Competitive Advantage**





## The Reasons for Walmart's Healthy Foods Initiative

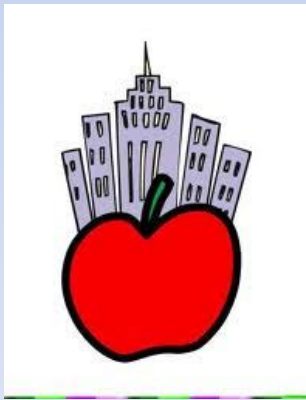
Feb 10 2011

By pushing produce and healthier foods, Walmart's **“Cuddle Capitalism”** could slim us down and bloat the company's profits.



## The Reasons for Walmart's Healthy Foods Initiative

### 1. A means to gain access to inner cities





## The Reasons for Walmart's Healthy Foods Initiative

### 2. A strategy to build the Great Value megabrand

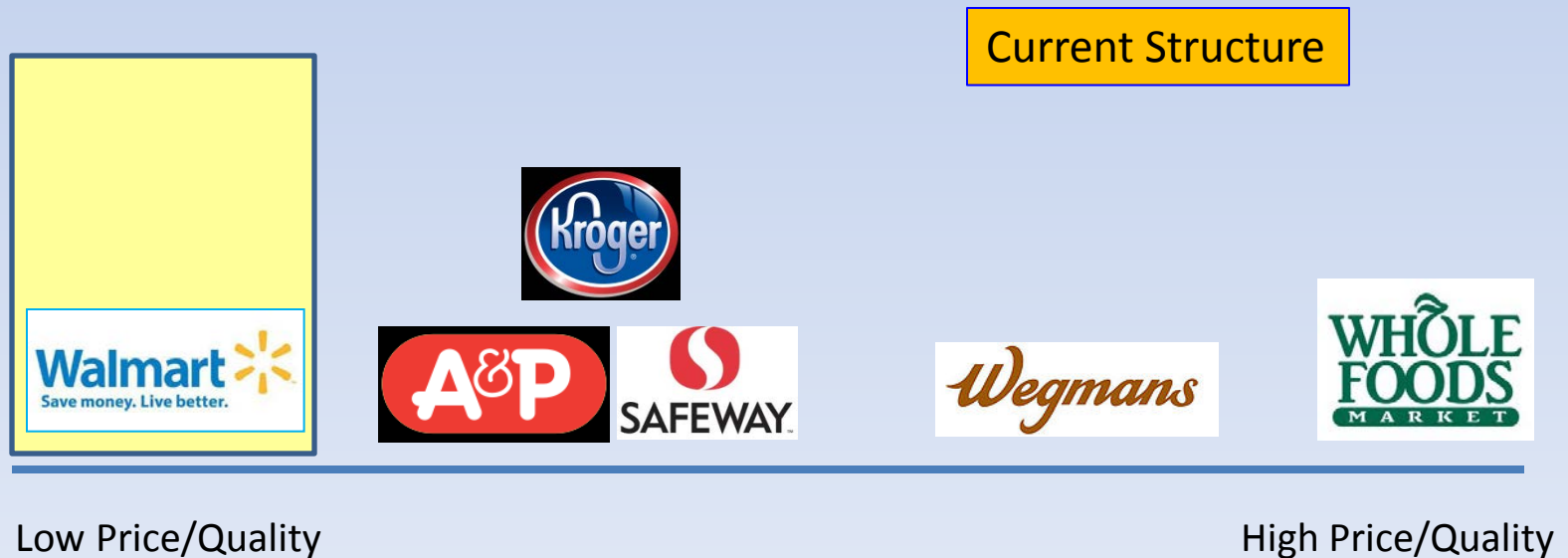


- ❖ Reduce sodium by 25%
- ❖ Reduce added sugars by 10 %
- ❖ Remove all trans fats



## The Reasons for Walmart's Healthy Foods Initiative

### 3. Boxes in Competitors





## The Reasons for Walmart's Healthy Foods Initiative

### 3. Boxes in Competitors



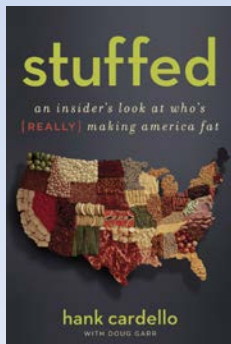


## **Cuddle Capitalism:**

**Taking care of your customer's well-being  
is the new road to success**



**Thank You**



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